Sloppy Joe’s

4 servings

8 oz Ground Beef

½ C. Celery-Small diced

½ C. Onion-Small diced

½ C. Green Pepper-Small diced

Combine and stir together the following

¾ C. Tomato sauce

½ C. Ketchup

½ t. Salt

¼ t. Pepper

1 T. Flour

2 t. Brown sugar

½ T. Vinegar

½ T . Mustard

1) In a sauté pan combine the hamburger, Celery, onion, and green pepper and cook until meat is browned and the vegetables are soft.

2) Add the combined ingredients to the meat mixture and simmer until thickened.

3) Serve over the bread of your choice